

# YOUR CALENDAR

LIVE YOUNGER 90 DAY GAME PLAN

- END OF WEEK
- OUTSTANDING
  - SATISFACTION
  - NEEDS

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FINE

A white spiral-bound notebook stands upright on a wooden desk. The notebook is the central focus, with its silver spiral binding at the top. The text 'Your 2023 Starts Today' is printed on the front cover. The background is a blurred office setting with a window and a brown cardboard box.

Your 2023

**Starts Today**



# Set Your 90 Day Blueprint

Set Goals for Your Business

**“A goal without a plan is just a wish.”**

**Antoine de Saint-Exupery**

## **GOALS MUST BE**

**Specific** – The more specific you can become with your goal, the more likely you will be of achieving it. Example: I want a new Mercedes Benz SL 63. (even more specific ie. color, year, features, etc.)

**Measurable** – So you know when you hit your goal and when you need to put in more effort. Example: I want to earn \$500 per week (quantifiable).

**Time Focused** – Goals must have a deadline attached to them. Example: I will achieve Executive Director by January 1st

# Set Your 90 Day Blueprint

## Set Goals for Your Business



1- Income Goals



2-.Time & Investment Goals



3- Activity Goals.



4- Achievement Goals (target dates) .

**"A goal without a plan is just a wish."  
Antoine de Saint-Exupery**

# Daily Calendar

TODAY'S DATE	Daily Income Producing Activities	Daily Schedule
<p style="text-align: center;"><b>Income Goals</b></p> <p>Total Income Goal \$ _____ or more.</p> <p>I decide to earn \$ _____ or more right now!</p> <p>I commit to earn \$ _____ or more right now!</p> <p>I deserve to earn \$ _____ or more right now!</p> <p>I allow myself to earn \$ _____ or more right now!</p> <p>I am ready to earn \$ _____ per _____</p> <p style="text-align: center;">or</p> <p>more by _____ OR Before and I will do whatever it takes as long as it is ethical and for the benefit of many including myself and my family.</p> <p>So be it!</p>	<p>Social Media Posts _____</p> <p>New Contacts _____</p> <p>Chats _____</p> <p>Calls _____</p> <p>3-way Calls _____</p> <p>_____</p> <p>_____</p> <p>Presentations _____</p> <p>Follow-ups _____</p> <p>New Customer _____</p> <p>New Business Builder _____</p> <p>Exercise _____</p> <p>Personal Development _____</p> <p>Visualization _____</p>	<p>5 AM _____</p> <p>6 AM _____</p> <p>7 AM _____</p> <p>8 AM _____</p> <p>9 AM _____</p> <p>10 AM _____</p> <p>11 AM _____</p> <p>12 PM _____</p> <p>1 PM _____</p> <p>2 PM _____</p> <p>3 PM _____</p> <p>4 PM _____</p> <p>5 PM _____</p> <p>6 PM _____</p> <p>7 PM _____</p> <p>8 PM _____</p> <p>9 PM _____</p> <p>10 PM _____</p> <p>11 PM _____</p> <p>12 AM _____</p>
<div style="border: 2px solid black; padding: 10px;"> <p><b>I am Grateful for:</b></p> <p>_____</p> </div>		

# 90 Day Game Plan

NAME \_\_\_\_\_ PH \_\_\_\_\_ EMAIL \_\_\_\_\_ DATE \_\_\_\_\_

I'll reach the rank of \_\_\_\_\_ By \_\_\_\_\_ Earning \_\_\_\_\_ (Month, Week)

ACTIVITY	GOAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN	ACHIEVED
Social Media Posts								
New Contacts								
Chats								
Calls								
3-Way Calls								
Presentations (Person, FB Live, Webinar, Online Videos, etc.)								
Events								
Follow-Ups								
Activity Results		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN	ACHIEVED
New Customer								
New Business Builder								
PERSONAL DEVELOPMENT								
EXERCISE								
PERSONAL DEVELOPMENT								

I \_\_\_\_\_ COMMIT TO CONTACT AT LEAST \_\_\_ PER WEEK FOR THE NEXT WEEK.

SIGNATURE \_\_\_\_\_

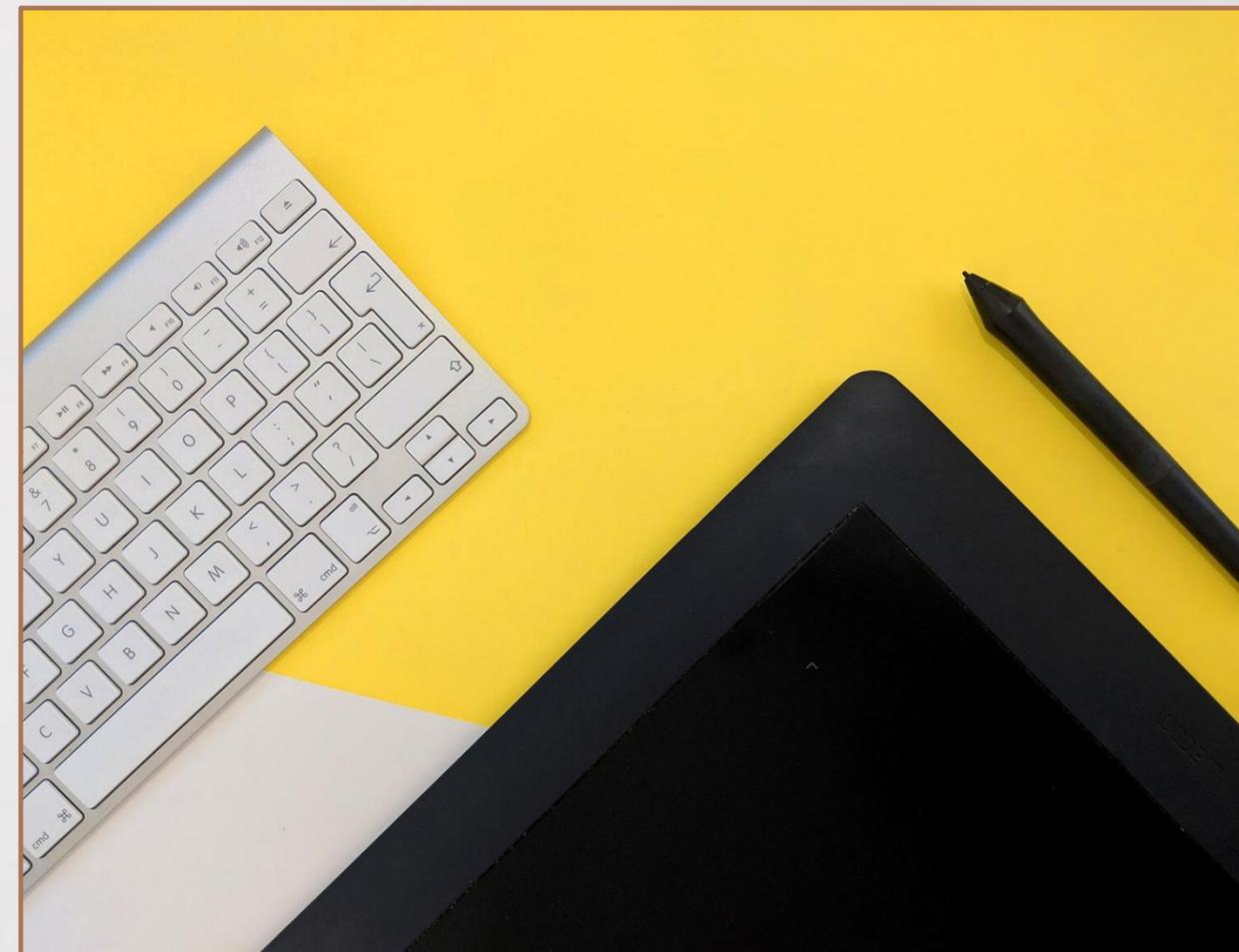
# Develop/Dust off Your List

“Find the best and they will do the rest”

- Ten Friends and Family
- Ten Sharpest, Most Entrepreneurial and Influential People
- Ten Health Conscious People and Families
- Ten People with Direct Sales or Network Marketing Experience

<https://LiveYoungerSuccess.com/our-success-system/getting-started/>

Page 10 Getting Started Guide



# Page 10 of Getting Started Guide

## Develop Your Contact List ... *"Find the best and they will do the rest"*

We have products that can change lives. Start by building your Top 40 List. We all know people and families who could benefit from our wonderful products and/or by joining your LifeWave business. You probably have 100's in your smart phone contact list. Your personal and business contacts are some of your greatest assets!

Suggestion: Create a profile of the types of people you would like to have on your team. What are their characteristics? e.g. professional, coachable, willing to be a student, shared values, have initiative, people like, have technical skills.

This is a "living breathing" document. Continue to grow your contact list daily -- either electronically or on paper

### Ten Friends and Family to Share X39 with:

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

### Ten Sharpest, Most Entrepreneurial and Influential People:

- |           |           |
|-----------|-----------|
| 11. _____ | 16. _____ |
| 12. _____ | 17. _____ |
| 13. _____ | 18. _____ |
| 14. _____ | 19. _____ |
| 15. _____ | 20. _____ |

### Ten Health Conscious People and Families:

- |           |           |
|-----------|-----------|
| 21. _____ | 26. _____ |
| 22. _____ | 27. _____ |
| 23. _____ | 28. _____ |
| 24. _____ | 29. _____ |
| 25. _____ | 30. _____ |

### Ten People with Direct Sales or Network Marketing Experience:

- |           |           |
|-----------|-----------|
| 31. _____ | 35. _____ |
| 32. _____ | 36. _____ |
| 33. _____ | 37. _____ |
| 34. _____ | 38. _____ |

A blurred background image showing a person's hands writing on a document with a blue pen. The document appears to be a form or a letter with some text and a circular stamp. The overall scene is in a light, professional setting.

# Contacting Message

# ACCOUNTABILITY PARTNER

**One of the fastest ways to reach your goals is to have an accountability partner**

Sometimes it may feel lonely when building. You may feel discouraged. You may decide to take a day or days off during the five days that you are suppose to be prospecting. When you have an accountability partner, it's not easy to get away from doing your daily tasks. **IMPORTANT POINTS WHEN YOU HAVE A PARTNER:**

1. Both of you must be doing the 90 Day To The Top Game Plan!
2. He or she has to be accountable to you too.
3. Both of you must have your goals in writing and share them with each other.
4. You must communicate on the phone DAILY even if it is for only a few minutes.
5. You never criticize each other.
6. However, you must keep each other accountable for your actions.
7. Make sure you celebrate every victory even if it is as small as adding some people to your lists.
8. Schedule one day when you exchange tracking forms and without criticizing talk about how can you improve OR to congratulate each other when you and your partner reach your activity goals.

WEEK OF  
YOUR MISC TEXT

# FIND YOUR BUILDERS

WEEK IN REVIEW TEXT

## **A powerful technique for approaching prospects and finding your 10 Business Builders.**

If time and money were not a problem, what would you do? What would you buy? Where would you live? Who would you? Where would you travel? Etc. Doing what you are doing now, how long would it take you to do all these things? **Note: Most answers will be never, or too long**

1. BEFORE: Before LifeWave I did not have any hope for the future.
2. NOW: Today I am very excited because I can see how this can improve my \_\_\_\_\_ and also help me to make dreams reality.
3. TOMORROW: My goal is that by December, I will be earning \_\_\_\_\_ per month.
4. REASON FOR SHARING: The reason I am sharing with you is because I believe in this project and I know that by you and I working together we can earn serious money.



# What to Say

## Re Connecting with Friends

To find your team fast, CALL, TEXT, or PRIVATE MESSAGE everyone you consider to be a serious or potential prospect.

CALL, TEXT, or PRIVATE MESSAGE Content:



“Hi Joe I have to talk to you, call me” If you haven’t talked in awhile: “I have not talked to you in awhile, how are you doing?” With people you are closer to: “Call me, I just started a project where you and I can make money in 90 days”



“Mary, the reason I am calling you is because I am starting a project with a group where you and I can earn a lot of money.

A close-up, slightly blurred photograph of a person's hands writing on a document with a blue pen. The person is wearing a light-colored, possibly white, long-sleeved shirt. The document is white and has some faint text and lines visible. The background is a soft, out-of-focus grey. The overall tone is professional and focused.

Are You Committed?