

ALAVIDA®

SKIN CARE REGENERATING TRIO by LifeWave®

*A skin care system that protects the health of your skin
from the inside out and from the outside in.*

Before starting to review this amazing system David Schmidt, scientist/inventor, shared a bit of history about the development of Alavida and how the company did not know how to market it. "The Alavida patch is designed to elevate, Epithalamin, a peptide that is naturally found in the pineal gland of the brain. In biology and medical school what is taught is that the Hypothalamus is the center of the brain but that is not completely true. In other words, you could make a case that it all starts in the pineal gland. What's interesting about that is that the pineal gland is connected to the visual cortex, so we have light coming into our eye and those photons of light go into the pineal gland. The pineal gland, in turn, initiates signaling molecules which are hormones and neurohormone precursors which signal the hypothalamus to control the rest of the body. There is an intimate relationship between how our body functions, how it is controlled by light, electrical signaling, and the significance of the pineal gland. To the Egyptians, the pineal gland was the seat of the soul which is regulated by light. This then gives birth and recognition that we are indeed beings of light and children of God. This is very appealing on linking in the spiritual and physical aspect of humankind. In a practical sense when we are looking at how to defy the aging process then maybe there is a way to defeat the aging process through the pineal gland." (David Schmidt)

Please go to this link to listen to this YouTube video if you would like the details.
<https://www.youtube.com/watch?v=sAtkmgezMSs&t=403s>

This scientifically proven system quenches, protects, and regenerates skin with reduction of appearance of lines & wrinkles, skin hydration, skin firmness, skin tone and discoloration.

Alavida is a 24/7 solution for healthy youthful looking skin, naturally derived from plant-sourced ingredients. A two to one, multi action system, hydrating, anti-aging nutrition, allergy tested for all skin types, safe for sensitive skin, and dermatologist tested.

When creating this system David Schmidt, scientist/inventor, partnered with a Cosmetic Scientist to find naturally occurring materials researched by top clinical labs in the U.S. It was important to David to "only put on your skin what you want in your body." About 70% of what you place on your skin can enter the body because it is transdermal. Also, some of the ingredients found in other products on the market today can be very damaging.

Alavida does NOT include:

Parabens	Synthetic/artificial ingredients
Sulfates	Artificial colors or dyes
Phthalates	Unnatural preservatives

The Alavida Regenerating Trio includes:

Daily Fresh Facial Nectar Formula, Nighttime Formula, and Systemic Phototherapy Patches



Daytime Formula: It is of lightweight consistency which is perfect for your pre-makeup routine. Use when your skin is exposed to the elements.

Proprietary Ingredients:

Microalgae Oil with DHA
Rice Bran Oil
Macadamia Seed Oil
Rosemary Extract

Lipid Soluble Vit C
Moringa Oil
Jojoba Oil

These ingredients are *natural antioxidants, repair effects of environmental toxins, restores natural barrier to lock in hydration, provides long-term protection against signs of aging* for a beautiful glowing, regenerated complexion.

Nighttime Formula: Use when your body naturally heals itself during sleep. It contains milk peptides which are known to *improve firmness, elasticity, and reduce the appearance of fine lines and wrinkles*. An ideal complement to “Daily Refresh Facial Nectar.” There is a built-in sun protection factor though we cannot make the claim for regulatory reasons. Milk peptides *increase the production of hyaluronic acid* which improves skin. “Restore Facial Crème” will in most people immediately get rid of a sunburn as it contains Vitamin C which is great for sunburn.

Proprietary Ingredients:

Microalgae Oil with DHA
Lipid Soluble Vit C
Macadamia Seed Oil

Milk Peptide Complex
Moringa Butter
Jojoba Oil

This combination reduces lines & wrinkles and reduces inflammation & oxidative stress. The bioactive polypeptides obtained from milk help to activate fibroblasts triggering increases in collagen production, increases hyaluronic acid which helps restore skin function and appearance. In 30 to 60 days, it will restore collagen production, increase skin firmness, increase hyaluronic acid, improve hydration, decrease depth of wrinkles, increase skin smoothness, improve firmness, and texture.

Patch: Alavida Phototherapy Patches work within the body regenerating skin from the inside out. Alavida patches are usually worn at night on the right side of the temple or neck, or on the center of the forehead between the eyes. The patch is the size of a quarter and looks like a round band-aid. Inside of the center of the patch are natural crystal-like substances that signal natural healing processes in the body.

Evaluated with a Bio Pulsar Test- which tests patches in real time: Within 5 minutes of placing the patch on the skin It was noted that there was a massive increase in bioelectrical current. Bioelectric signaling in the body controls biochemistry and when stabilized it is easier to have good health, and dramatic reduction in oxidative stress. The Electro-interstitial scanning test showed that the Alavida phototherapy patch also activates the frontal lobe of the brain (it lights it up), which can stimulate an expansion of consciousness, intense dreams, and expanded awareness.

Yes, Alavida benefits the skin but reaches far beyond that and what is allowed to be said due to a US regulatory agency. After 2 weeks ALL markers of oxidative stress were shown to decrease by over 17% (statistically significance). Both markers of antioxidant activity had increased (Super Oxide Dismutase by over 24%, glutathione by over 47%).

In summary it improves the health of the skin from the inside out and dramatically reduces levels of oxidative stress. It also increases antioxidants and helps the body do what it is meant to do naturally so the skin is naturally healthier, not just filled with 'fillers' as some products do with only temporary affects.

Patch Placement: Center of forehead called the third eye where the pineal gland is located.
Right temple another placement
Right side of neck

When wearing the patch on the third eye or right temple some may experience intense dreams, which some people like. If disturbed by the dreams, simply move the patch to the neck region on the right. Remember to apply the patch on clean, dry skin as moisturizers may interfere with the patch staying in place.

In addition, go to MyAlavida.com for more information.

If interested in more science, go to this link:

<http://myalavida.com/wp-content/uploads/2015/12/Research-2015-AlavidaAntiAgingPatch.pdf>